

No Light / Low Light Shooting

- 1) Interesting statistics
 - a. 80% of the information our brain receives & makes decisions on is based on sight
 - b. 50% of the calendar year is dark
 - c. 65-70% of self defense events happen in either low or no light scenarios
 - d. Low light self defense is one of the most under trained topics in the firearm community
- 2) Preparation / Introduction to Low Light
 - a. Objectives
 - i. Discuss the importance of the Flashlight as part of your EDC and your Home Defense Equipment
 - ii. Discuss pros & cons to turning on household lights inside your house when you hear a 'bump in the night'.
 - iii. Discuss pros & cons to weapon mounted vs handheld lights
 - iv. Discuss light activation options on weapon mounted & handheld lights
 - v. Exposure to different types of light configs & pros & cons.
 - vi. Discuss performing an Emer Mag Change during Low Light scenario.
- 3) Review 4 Universal Firearm Safety Rules
- 4) The flashlight – part of your EDC & Home defense equipment
 - a. Shining a bright light in a low or no light situation can impair a perp
 - b. A light can also be used as a weapon (DNA collector) just like car keys & etc
 - c. Part of any emergency prep kit
 - d. Home Defense – “to light or not to light” – that is the question.
- 5) Types of Lights
 - a. Weapon mount (1913 rail mounted) - pro/con
 - i. (2 examples) - pro/con
 - ii. Techniques for controls manipulation
 1. Grip / fingering
 2. Flash & move or leaving light ON
 - iii. Magazine changes
 - b. Handheld - pro/con
 - i. (2 examples) - pro/con
 - ii. Introduce an overview of styles of hand held light holds.
 1. **Chapman** or sword hold (underhand)
 - a. Developed by Ray Chapman who won the world's first pistol championship in 1975.
 - b. Or the similar **Ayoob hold** which is the same as the Chapman but overhand instead of underhand (accommodates for end switch). Massad Ayoob is a well known firearms instructor / author)
 2. **Roger's Hold** – hold flashlight between index & middle fingers and using thumb for end switch. Bill Rogers was a FBI Firearms Instructor
 3. **Neck Index** - discuss pro/con

4. **FBI** hold - discuss pro/con
5. **Harries** discuss pro/con
 - a. Developed by Mike Harries in the 1970's USMC
- iii. Magazine changes
- 6) Questions / Answer